

**COLNE YACHT CLUB  
RYA SAIL TRAINING PROGRAMME FOR 2025**

Keelboat sail training at CYC follows the RYA National Sailing Scheme, delivered by our volunteer Keelboat Instructors trained to RYA standards. Each course is for 15-16 hours. The following are the dates for 2025. Once you have chosen which dates are good for you **please complete the sail training registration form on our website (see link below) to confirm your place.** You are not on the list until the form is received!

**SPRING EVENINGS**

SERIES A – L1-3, Seamanship, Spinnakers

Dates:	Tuesdays/Thursdays	April 22,24, 29 + May 1, 6
Time:		17.00-20.15 each day

**START RACING only**

SERIES B – Start Racing only

	Ashore	Afloat
Dates:	Thursday 24 April Thursday 8 May	Sunday 27 April Sunday 11 May
Time:	19.00-20.30	09.00-15.00

**JUNE TRAINING WEEK**

SERIES C – L1-3

Dates:	Sunday 8th, Monday 9 <sup>th</sup> , Tuesday 10 <sup>th</sup> June
Time:	09.30-15.00 each day

SERIES D – L1-3, Seamanship

Dates:	Wednesday 11 <sup>th</sup> , Thursday 12 <sup>th</sup> , Friday 13 <sup>th</sup> June
Time:	09.30-15.00 each day

**SEPTEMBER TRAINING WEEK**

SERIES E – L1-3, Seamanship, Spinnakers

Dates:	Sunday 7th, Monday 8th, Tuesday 9th September (HW 14.01)
Time:	09.30-15.00 each day

SERIES F – L1-3, Seamanship, Spinnakers

Dates:	Wednesday 10 <sup>th</sup> , Thursday 11 <sup>th</sup> , Friday 12 <sup>th</sup> September
Time:	09.30-15.00 each day

Day Sailing dates to be confirmed

<https://colneyachtclub.org.uk/rya-training>

Email: [colneyctraining@gmail.com](mailto:colneyctraining@gmail.com)

V5 – 07/02/2025