



# LADIES WHO LAUNCH 2020

COLNE YACHT CLUB  
WATERSIDE  
BRIGHTLINGSEA  
01206 302594

# LADIES WHO LAUNCH

DATES FOR 2020

£10 per session

Thursdays 09.45-12.30 then lunch:

	High water BST
23 April	13.28
07 May	12.50
21 May	12.20
04 June	11.40
18 June	11.08
16 July	09.22
20 August	14.00
03 September	13.54
17 September	12.50
01 October	12.53
15 October	11.37

**NEW FOR 2020!**

## LADIES WHO LAUNCH *LATER!*

Thursdays 13.15-15.30 then afternoon tea:

	High water BST
25 June	15.55
09 July	15.50
23 July	15.00

Ladies Who Launch is designed to promote confidence in women who want to learn and develop their sailing skills, and have fun on (and off!) the water in a safe, macho-free environment. It is not a formal sailing course, more a self-help group who will identify what they need to learn in order to get the most out of being on the water. Some of the skills already identified as being important are:

- Picking up a mooring buoy
- Steering towards a landmark
- Using an outboard
- Knots and ropes
- Terminology
- Rigging the boat
- Setting the sails
- Berthing the boat on a pontoon

For those who want to recognize their sailing skills development, you may want to record your achievements in a Club logbook against the standards of the equivalent of an RYA Level 1/2 Certificate.

Prompt arrival ensures time for registration, payments, lifejacket fitting etc, then briefing, before going afloat.

If you'd like to get involved then contact

Jane Long or Cheryl Cooke on

[waterside@colneyachtclub.org.uk](mailto:waterside@colneyachtclub.org.uk)

or phone the Club office 01206 302594.