

COLNE YACHT CLUB



inspiring generations afloat

CYC TRAINING – ‘WE ONLY TRAIN MEMBERS!’

Registration and booking form for CYC Sail Training

Please complete one form per person, using block capitals, and return to the Yacht Club.

NAME..... Gender

ADDRESS.....

Tel (home) (mob) Email

Please state previous sailing experience:

and availability for training (weekdays, weekends, term time etc)

COURSE NAME: tick one	Start Sailing Level 1	Basic Skills Level 2	Better Sailing Level 3
	Adv unit - Seamanship	Adv unit - Sailing with Spinnakers	Adv unit - Day Sailing
DURATION OF COURSE:	16 HOURS – See annual programme for dates. Courses can be delivered in a variety of formats. The usual combinations are 5 x 3+ hours and 3 x 5+ hours, and could also be 4 x 4 hours; 2 x 8 hours.		
COST (PER PERSON):	Current members will pay £130. Otherwise £165 to be paid before the first sailing session (includes £35 Temp Membership).		

To register your interest in this series of CYC Sail Training, please complete this form in full and return it to: Colne Yacht Club, Waterside, Brightlingsea, CO7 0AX, or email to training@colneyachtclub.org.uk.

We will contact you to allocate an instructor and agree your start date. At that stage, to secure your CYC Sail Training sessions, you will be asked to pay for the sessions. To do so, please send your cheque for £165.00 (£130 for existing members) payable to Colne Yacht Club; or pay on-line (bank sort code: 20-21-73, Account No. 40286141) giving your SAIL+SURNAME as the reference. **If you are not already a member you will need to become a Temporary Member for three months.** Please ask for a separate form for this.

AGREEMENT: I confirm that, to the best of my knowledge and belief, the details given above and below are correct. I have read and understood the Club's terms and conditions and accept the terms of booking.

.....
Signature

.....
Date

Participants UNDER 18 years of age: a parent or guardian must countersign this declaration. (Minimum age 14)

Parent / Guardian

Signed.....

Date.....

Print name

RISK STATEMENT

It must be recognised that sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in Sonata sailing sessions, you agree and acknowledge that:

- (i) you are aware of the inherent element of risk involved in the sport and you accept responsibility exposing yourself to such inherent risk whilst taking part in Sonata sailing sessions;
- (ii) you will comply at all times with the instructions of the Sonata Officer of the Day particularly with regard to the handling of boats, wearing of a life jacket and the wearing of suitable clothing for the conditions;
- (iii) you accept responsibility for any injury, damage or loss to the extent caused by your own negligence;
- (iv) you will not participate in Sonata sailing sessions whilst your ability to skipper or crew a boat is impaired by alcohol, drugs or whilst otherwise unfit to participate;
- (v) the provision of patrol boat cover is limited to such assistance as can be practically provided in the circumstances;
- (vi) you are aware of any specific risks drawn to your attention by the Sonata Officer of the Day.

Medical

Details of any medical treatment being received (if none, write none)

I declare that to the best of my knowledge I am not suffering from any medical condition which affects my participation in the course and have declared whether I take any medication or am receiving any medical treatment of which the Club should be aware.

Emergency contact – Name & Phone Number

How did you hear about Colne Yacht Club?

Please read the following section carefully. By signing on the previous page you agree to these conditions of booking and the Club's rules and regulations:

- I am confident in the water wearing a Lifejacket and am willing to comply with all safety instructions/regulations. Life jackets are provided for your safety/comfort and will be worn as instructed.
- I am physically fit and able to take part in the training activity. An illness/disability will not necessarily prevent you from attending a course; however, it is essential that the Club is made aware of your condition prior to accepting your booking. Contact your own GP for advice if necessary.
- The Instructor's decision is final as to whether the course proceeds in light of weather or other conditions that in his/her view make the continuation of the course unwise/unsafe. In adverse weather conditions the Instructor may decide to limit the course to the confines of the harbour or onshore activities.
- Smoking is not permitted on any Club craft. Course participants agree not to consume alcohol during the course.
- The Club does not accept responsibility, unless negligent, for injury to the trainee or loss or damage to the trainee's property.

Photo consent

In order to continue to promote the Colne Yacht Club, we may from time to time take photographs of our Sonatas in action for use on our website and in associated publicity. Please indicate below whether you give your consent to Colne Yacht Club using any photos in this respect where you are included.

I give my consent to any photographs of the Sonatas in which I may appear being used for the sole purpose of promoting CYC Try Sailing sessions. YES / NO

Signature